

## Prüfungsprogramm Shito Ryu

Kyu	Dojokun	Kihon	Tenshin Happon	Kata	Partnerübung	Bunkai	Kumite	SV
weiß	X M	Kihon 1	TH 1	Kihonkatas, Shiho Uke	P1		1x	
weiß-gelb	X M	Kihon 1	TH 1	Kihonkatas, Shiho Uke, Pinan Nidan	P1		1x	
gelb	X M	Kihon 1	TH 1	Shiho Uke, Pinan Nidan, Pinan Sandan	P2		1x	
gelb-orange	X S	Kihon 2	TH 2	Shiho Uke, Pinan 1-3	P2	Pinan 2+3 (6 Teile)	2x	
orange	X S	Kihon 2	TH 2	Shiho Uke, Pinan 1-3	P2	Pinan 2+3 (6 Teile)	2x	
orange-grün	X S	Kihon 2	TH 2	Shiho Uke, Pinan 1-4	P2	Pinan 1+4 (6 Teile)	2x	
grün	X S	Kihon 2	TH 2	Shiho Uke, Pinan 1-5	P2	Pinan 1+4+5 (9 Teile)	2x	
grün-blau	X S	Kihon 3	TH 3	Naihanshi Shodan, Juroku	P3	Hoke Bunkai, Juroku, Naihanshi Sodan	3x	
blau 1	X S	Kihon 3	TH 3	Naihanshi Shodan, Juroku	P3	Hoke Bunkai, Juroku, Naihanshi Sodan	3x	
blau 2	X S	Kihon 3	TH 3	Naihanshi Shodan, Juroku, Basadai	P3	Basadai	3x	
blau-brau	X S	Kihon 4		Kosukun Dai, Basadai	P4	Kosukundai,	4x	x
braun 1	X S	Kihon 4		Kosukun Dai, Basadai	P4	Kosukundai,	4x	x
braun 2		Kihon 4		Kosukun Dai, Basadai, Matsumura no Rohai, Tensho	P4	Matsumura no Rohai, Jitte	4x	x
braun 3		Kihon 4		Jion, Jitte, Tensho, Senchin	P4	Senchin, Jion, Niseishi	4x	x